Services support mental wellness

Addressing mental health on campus must be part of your broader campus strategy for student success. A holistic approach that encompasses advocacy, technology and online mental health support is essential for a connected, safer, healthier and more productive learning environment.

Today, mental health issues are present at all ages,

• This downward trend in mental health also affects students’ ability to complete their work on time, so many students drop out of school. The 2020 Healthy Minds Study reveals that 40% of students surveyed received counselling for mental health issues.

• Students surveyed indicated that 13% of students struggled with their mental health, but only 4% actually sought help. In fact, the same survey found that students who sought help had a better understanding of their mental health issues.

• Data analysis can help identify students who are struggling with mental health issues and monitor their progress.

• A greater understanding of how to support students can help improve their mental health.

• Improved effectivity in their jobs

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• Increased safety, reduce anxiety

• A student-centered, technology-enhanced campus increases safety campus.

• holistically that provides a client-driven experience.

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